



## **Learning & Life Skills Course Calendar and Selection 2021/2022**

### **LEARNING AND LIFE SKILLS PROGRAM**

This non-credit program is designed to enrich and develop the skills of students identified through an IPRC process. The Learning and Life Skills program offers a variety of academic and life skill components. Individualized outcomes establish the basis of programming for the students within the class. The goals of the program are to offer meaningful experiences and facilitate specific skill development, to recognize individual needs and abilities and to provide avenues of opportunity for all to live and work as valued members of our community.

### **Student Evaluation**

Students are evaluated based on the individual expectations outlined in the student's I.E.P. For further information, please contact Michael Culligan: Lead Teacher- Learning and Life Skills Department

### **Course Selections**

The Learning and Life Skills program provides the opportunity, where the school is able, for students and families to pursue skill development that is relevant and interesting to the individual. All students take the following four classes: Social Skills Development (KHD), Language and Communication (KEN), Computer Skills (KTT) and Money Management and Personal Banking (KBB). They have the opportunity to express interest in a variety of other courses through an online course selection process. Please see below for a description of the courses offered at Clarington Central Secondary School.

**[LINK TO COURSE SELECTION FORM](#)**

*(Click here to access the form)*

## **Compulsory Courses**

All students are enrolled in the following courses:

### *KHD - Social Skills Development*

This non-credit course will support students in forming positive relationships and a healthy self-image. They will develop problem-solving skills that can be used in a variety of social situations. Using evidence-based programs, students will also develop skills to manage stress, and become ready to learn.

### *KEN - Language and Communication Development*

This non-credit course will help students develop functional language skills. Language development is a focus in all activities within this class. Students will read and write for a variety of purposes, as well as develop skills in expressive and receptive communication; this will include developing sight word vocabularies and using assistive technology/communication systems.

### *KBB - Money Management and Personal Banking*

The focus of this non-credit course is on developing functional numeracy skills that are necessary for daily living. This can include number sense and numeration, measurement, money management, budgeting, personal banking and using a calculator.

### *KTT - Computer Skills*

This course helps students develop independent technology skills, such as keyboarding, using a tablet or iPad, and various accessories, such as a mouse. Students will also access resources for accessibility, such as Google Read and Write, while they develop proficiency in appropriate software platforms.

## **Elective Courses**

### *KAL - Creative Arts for Enjoyment and Expression*

Students will explore, develop and curate their skills in different artistic forms and media in this non-credit course by creating their own artwork and exploring the artwork created by others. The focus in this course is on process and personal expression.

### *KCC - Transit Training and Community Exploration*

In this non-credit course, students will develop an understanding of their local community. They will learn about various services, businesses and public spaces, as well as how to access them. Students will learn common traffic signs, traffic symbols, warning signs and safety signs, as well as how to apply this knowledge in the community.

### *KCW - Exploring our World*

Students recognize that communities consist of various physical features, facilities and institutions that meet human needs. They explore how community members interact and work together. Students explore the relationship between their own community, and larger local, regional, national and global communities.

### *KGL - Personal Life Skills*

This course explores the necessary general skills and knowledge for daily living, including social communication, vocational skills and daily living skills that will support maximum independence. The IEP is foundational to this course, and may include elements from Self-Help Skills, Personal Management, Problem Solving, Interpersonal Relationships, Vocational Skills and Social Communication.

### *KGW - Exploring the World of Work*

The focus of this course is the development of pre-vocational and vocational skills to develop readiness for employment. This may include, job searching skills; workplace etiquette; and documentation for work (application forms, schedules, taxes etc.). To maximize independence, the IEP defines the course for each student, potentially including components such as: Job Searching Skills, Specific Workplace Skills, Work Etiquette, Documentation and Cooperative Education.

### *KHI - Culinary Skills*

Food preparation skills, such as sanitation, food safety and eating etiquette are a focus of this course. Students learn about food labels, meal-planning and preparation, as well as reading recipes to support independence in the kitchen. The course is individualized through the IEP, incorporating personal goals in relation to Healthy Food Habits, Meal Planning, Safe Food Handling and Safe Use of Utensils and Equipment.

### *KPF - Personal Health & Fitness*

Being physically active and participating in movement activities for personal fitness are important in life. Students develop skills consistent with their IEP goals, such as movement skills for coordination (gross motor) or the development of small muscles and fine motor skills. The following program areas may be considered for the IEP: Pre-ambulatory Skills, Basic Movement Skills, Gross Motor Skills, Wheelchair Training and/or Fitness Skills.

### *KPH - Choice Making for Healthy Living (Healthy Relationships)*

This course incorporates many evidence-based programs for skill development, including the Babysitter's course and The 4th R. The focus is on developing the skills necessary to build and sustain healthy relationships with family, peers and community members in the appropriate context throughout life. This includes making healthy and positive choices for physical, social and emotional well-being.

### *KPP - Self-Help and Self-Care (Hairstyling)*

Students will explore personal living skills for independence, including personal hygiene, grooming, dressing, shopping and personal care. This includes a focus area of hairstyling.

### *KSN - Exploring our Environment*

The environment impacts everyone's lives, and how our needs are met. Students will develop an understanding of their interaction with the environment by connecting with the following program areas: Caring for the Environment; Understanding the Weather; and Reducing our Waste (Reduce, Reuse, Recycle).

